

Golden Tiger Wellness

Fall 2015 Edition

Tiger's Gold

September is "Health Improvement Month"

During this month we will be offering a month long special we are calling "the Tiger's Gold." This is a combination of all the services we offer at Golden Tiger Wellness in a discounted package. Included

in the package is an acupuncture session, a 1 hour massage, a 1 hour astrology consultation, and a \$25.00 credit towards a Young Living product!!! An almost \$200 value at \$150!

Reviews = Rewards!

Get rewarded for reviewing GTW

We at Golden Tiger Wellness are big fans of reviews and referrals. It is your satisfaction in our services that makes our Golden Tiger purr! We want to reward you for your reviews and referrals. If you could write a review on three of the following website or social media outlets, we will give you half off a massage or acupuncture session, or a free astrology consultation. If you do review on all 6 outlets, then it's a free massage or acupuncture session, or two astrology consultations free...not bad!! Once you have completed these reviews, you can always add on a referral for a \$20 credit. Another way we would like to say THANK YOU!!!

*Yelp, Google Maps, Facebook, Thumbtack,
Follow on Pinterest, Review for Website*

Thank You!



The wonderful month of August marks Golden Tiger Wellness' third year in business. I would like to thank each of you for your support and business!! It is a true blessing for me to be able to help my patients and clients realize their wellness goals. Moreover, on a more selfish note, I just love doing this. Acupuncture, massage, astrology!!



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"If you want to awaken all of humanity, then awaken all of yourself. If you want to eliminate the suffering in the world, then eliminate all that is dark and negative in yourself. Truly the greatest gift you have to give is that of your own self -transformation."



-Lao Tzu

Tiger's Pride

Cross Promotions

There are a few local businesses that Golden Tiger Wellness proudly supports. We also offer discounts and promotions for our patients/clients who use their services:

Beyond Measure Training: Just come in and ask for a Beyond Measure Training card, and we will give you a free personal training session at BMT! Steve Hlavac and Katie Crawford run this local gym and it is a jewel. I have personally seen the results of their work with my patients and clients. Steve can give an assessment used by high level athletes called Functional Movement Analysis, and then show you some great exercises on your way to your fitness goals. Katie is the nutrition expert and can help guide you towards a workable and healthy diet. Ask about BMT next time you come in.

www.beyondmeasuretraining.com

Aurora Yoga Center: GTW also offers discounts for those of you who attend classes at the Aurora Yoga Center. Yoga is a great compliment to wellness, and Jeff Manning is a yoga guru who knows how to teach and guide anyone of any level to the yoga lifestyle.

www.aurorayogacenter.com

Victory MMA: Half off any GTW services for comp team members and 10% off any service for any Naperville Victory MMA member.

www.victorymartialarts.typepad.com

7 Stars Martial Arts: \$10 off any service for those who are enrolled in Tai Chi or Qi Gong classes with 7 Stars. www.7starsma.com

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Upcoming Events



TheosoFest

Saturday September 12th from
10am-5pm

www.theosophical.org/theosofest

Young Living Essential Oils Informational Party

Sunday September 20th at 1pm

www.facebook.com/sarahr10yloils
www.youngliving.org/sarahr10

Mercy Fest

Saturday October 10th Noon-6pm
Sunday October 11th Noon-6pm

www.mercy-fest.com

Upcoming Events

TheosoFest: Join us this year at TheosoFest. This is a free festival at the Theosophical Society in Wheaton. It is free admission and fun for the whole family with activities such as Tai Chi and Qi Gong, presentations, and a special section just for kids. There will be plenty of interesting and informative vendors to check out including chiropractors, massage therapy, jewelry, spiritual and psychic readings, and much, much more. GTW will be doing Chinese Astrological readings and handing out information on acupuncture and massage

Young Living Informational Party: Come learn about how to get started on your essential oils journey! We will be presenting information about the company, popular oils, and how to use oils in your everyday life. We will be having a raffle for attendees, samples of products to try, and refreshments as well! RSVP on our Facebook event located on the page to the left.

Mercy Fest: Join us at our vendor booth during Mercy Fest. Information on GTW services and Young Living oils will be presented. Mercy Fest is located at Our Lady of Mercy in Aurora, IL. They have basket raffles, live music, and a carnival!